

TECHNICAL GUIDE



Giro d'Italia
RIDE
LIKE
A PRO
II EDITION
TENERIFE

tenerife!
awakens emotions

BKOOL

mynd
ADEJE

PISSEI

okmobility

free
inflation
cycling rocks

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FAST

RADIO MARCA

MARCA

REAL FEDERACIÓN ESPAÑOLA
DE CICLISMO

Federación
Canaria de
Ciclismo

FEDERACIÓN MILENA DE CICLISMO DE TENERIFE

ESTO TAMBIÉN ES CUIDARSE

Cuidarse es encontrar espacio para la actividad física, pero también para el descanso y la relajación, como en MYND Hotels

mynd
HOTELS

Headquarters and Official
Accommodation of Giro d'Italia Ride
Like a Pro Tenerife

myndhotels.com

TENERIFE - LANZAROTE - FUERTEVENTURA



WELCOME

The Giro d'Italia returns to Tenerife! After the success of the last edition, we are delighted to return, together with all of you, to an idyllic place where the bicycle has its guaranteed role. The Giro d'Italia Ride Like A Pro Spain 2023 will take place on November 18 and 19, with great news for the event, a program full of complementary events and top-level ambassadors who will pedal alongside you in the same peloton. the proof.

Precisely, one of the illustrious cyclists will be Vincenzo Nibali, winner of the three Grand Tours and a great international figure in this sport. Lo Squalo or El Tiburón will sail through the waters of Tenerife alongside other professionals who know the geographical richness of the place, such as Juanpe López, Raúl García Pierna, Jonathan Lastra or Fernando Barceló.

Focusing on one of the main changes of the Giro d'Italia Ride Like A Pro, it is important to emphasize that, for the first time, it will be ridden under the regulations of a free speed cyclo sports ride. Or, in other words, each participant can complete the two stages of the test at their own pace, as long as they remain within the safety capsule. Both days are as appealing as they are demanding for lovers of two wheels. The first, in Adeje, starting and arriving at the Armeñime sports hall, will have 116 km and 3,100 meters of D+, while the second will be 64 km and 1,800 meters of D+, with a round trip route, starting in Arona, specifically in the Los Cristianos area.

All this seasoned with the presence of the prestigious Senza Fine trophy from the Giro d'Italia, which will also accompany you on your adventure!

Last but not least, we invite you to the unique Pasta Party that we will put at your disposal, with a clear influence of transalpine gastronomy, in addition to the great party on Saturday at the MYND Adeje Hotel, which will bring color and strong emotions to a spectacular weekend in the 2nd edition of the Giro d'Italia Ride Like A Pro Spain.



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A challenge in every landscape.

tenerife!
awakens emotions.



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BIB PICK-UP

TO PICK UP YOUR BIB YOU NEED:

1. Valid DNI, NIE or Passport.
2. Competition cycling or cyclotourist license approved by the RFEC (in case of being federated and not having subscribed to the organization's insurance).

COLLECTION OF BIBS FROM THIRD PARTIES:

In case of not being able to pick up your race bib, another participant may come with a signed authorization, in addition to all the documentation specified.

Important!

The bib is personal and non-transferable. Only you will be able to participate with it. Any fraudulent use of the bib will be a serious infraction that will exclude the participant from the race for life.

BIB PICK-UP SCHEDULE

The collection of bibs will take place on November 17 from 16:00 to 20:00 hours. In case of NOT being able to attend the collection of bibs at this time, it will be necessary to send an email to hello@giroridelikeaprospain.com and it will be collected before the start of the stage.

PICK-UP POINT

HOTEL MYND ADEJE - C. el Jable, 36, 38678 Callao Salvaje, Santa Cruz de Tenerife.



mynd
ADEJE

INCIDENTS

Any modification or change of insurance from day to federated (and vice versa), etc. can be processed at the incident desk before picking up your race bib.



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Ciclismo

Comunidad de
Tenerife

JOE WEIDER
VICTORY
ENDURANCE



PARTICIPANT IDENTIFICATION

There are **three mandatory identifiers** for all participants, which will be handed out when picking up the race bib:

- **Wristband:** It is linked to the numbered plate on your bike and offers access to refreshment posts, Pasta Party, PINK PARTY, etc.
- **Numbered plate for your bike:** identifies your bike. It must be placed on the front of the bike (handlebars), unbent, facing forward. This plate must be identifiable for the organization and volunteers.
- **Back bib:** it is the accreditation of being participating in the race and inside the security capsule. You must wear it at all times visible. When you are overtaken by the end of the race car, and therefore you are not in the safety capsule, the bib must be removed from the equipment.

Important!

On the back of the plaque is attached the control device (chip). Without the numbered plaque your time cannot be controlled, so no finisher medal will be awarded and it will not be registered for future editions.

If you are going to be present in both races (November 18 and 19) you must use the same bib, the same badge and bracelet for both. Your badge and bib number will be the same for both stages, therefore, if your bib number has been withdrawn because you did not complete the stage you must pick it up at the finish or before the start on Sunday.

OFFICIAL EQUIPMENT

When you pick up your race bib, you will receive the official jersey of the **GRAN FONDO GIRO D'ITALIA RIDE LIKE A PRO** in the size you selected when registering, subject to availability of the selected size. Its use is highly recommended for the correct identification of the participant during the race.



Tu salud y bienestar, nuestra razón de ser.

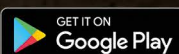


Pide cita en:

www.hospiten.com



Descarga la APP Hospiten



hospiten 

OFFICIAL DEPARTURES AND ARRIVALS

• **STAGE 1 _ ADEJE** November 18, 2023 at 07:30 hours.

Exit at Miguel Hernández Street (Armeñime) 
<https://maps.app.goo.gl/K7Hrb7d6mpUneLVc6>

Arrival at Calle Miguel Hernández (Armeñime) - 
<https://maps.app.goo.gl/K7Hrb7d6mpUneLVc6>

• **STAGE 2 _ ARONA** November 19, 2023 at 09:00 hours.

Departure at Avda. Chayofita - <https://maps.app.goo.gl/UQ3S6EMKZQcGHsHV7> 

Arrival at Avda. Chayofita - <https://maps.app.goo.gl/UQ3S6EMKZQcGHsHV7> 

The cyclo sportive march and therefore where its circulation is regulated in this technical guide, is from the start arch to the finish arch in each of the stages and is marked by the start and finish cars of the sporting event, any other spatial and temporal situation is not within the cyclo sportive march and is governed by the general traffic regulations. For example: displacement between the finish line and the pasta party in each stage.

PARKING LOTS FOR VEHICLES

The organization does not have parking areas for the day of the event. Vehicles will be distributed in order of arrival at the starting municipalities of each stage. It is advisable to arrive at the starting area well in advance.

REFRESHMENTS

The refreshment stations of our race offer a wide variety of food and drinks from our different partners among which we highlight Victory Endurance, Cooperativa la Fast... that will allow you to regain strength to face the race with energy.



Refueling points STAGE 1 - ADEJE

- 31 Km – Solid and liquid
- 67 Km – Solid and liquid
- 89 Km – Solid and liquid

Refueling stations STAGE 2 - ARONA

- 31 Km – Solid and liquid
- 44 Km – Solid and liquid

MECHANICAL ASSISTANCE

The organization will have assistance vehicles that will accompany the runners during both stages, as well as will provide assistance service at each start from two hours before the official start in order to solve unforeseen events, basic breakdowns or specific needs of the runners (spare parts will be charged).

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motion**
cycling rocks

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en dos ruedas
comienzan aquí.



www.free-motion.com
[@FreeMotionBikecenter](https://www.instagram.com/FreeMotionBikecenter)

MAP / ROUTES

STAGE 1

STAGE 1

Adeje 116 km
3.100 D+

STAGE 1

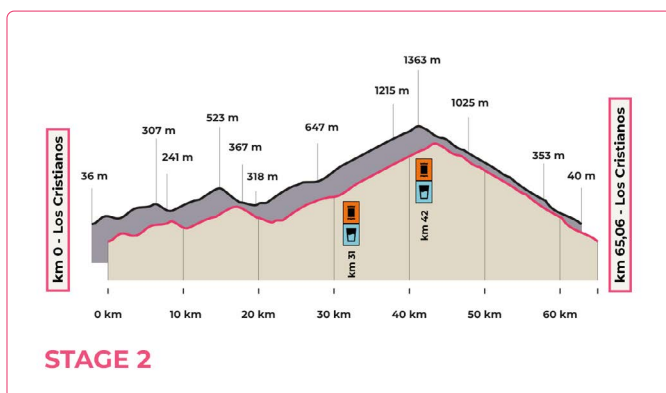
GPX

KMZ

STAGE 1 | SPACE RIDE LIKE A PRO

- Provisioning tents
- Showers
- Photocall
- Toilets
- Road closure
- Food Pick up point
- Dining room
- Prize area
- Bicycle storage area
- Finish line

MAP / ROUTES



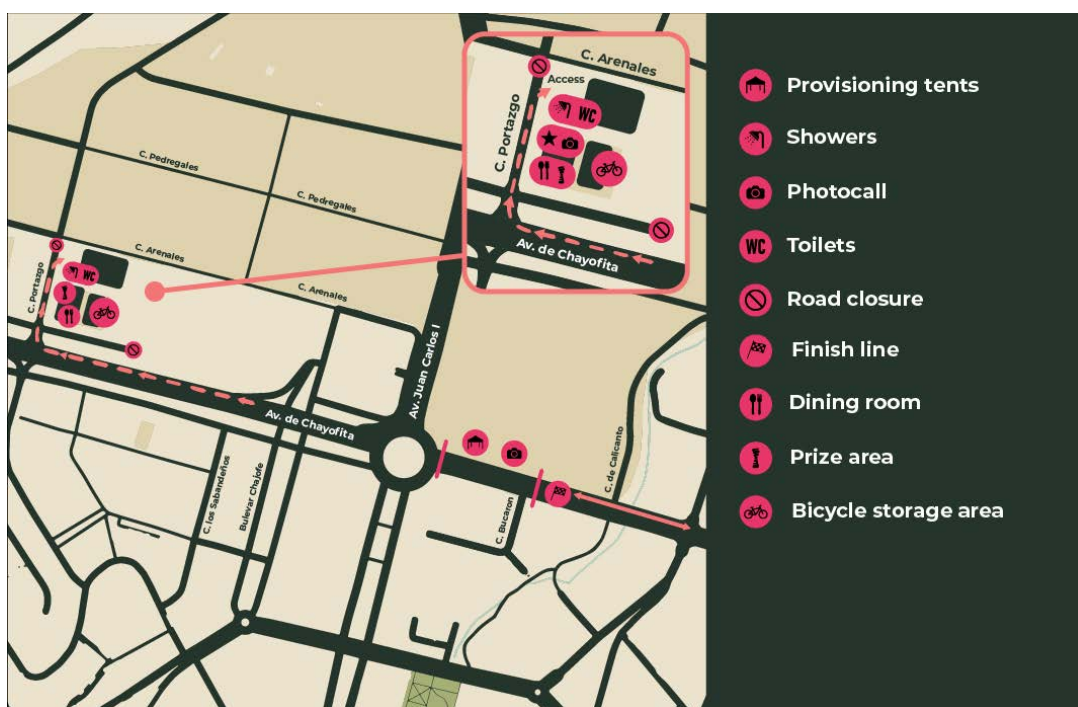
STAGE 2



GPX

KMZ

STAGE 2 | SPACE RIDE LIKE A PRO



TIMED SECTIONS

The entire race is timed from start to finish, but there will be three independent timed sections from which the best climber of the race will emerge.

STAGE 1

- Timed Section Alto de los Gigantes – Km 16 al Km 32
- Timed Section La Montañeta – Km 70,00 al Km 85

STAGE 2

- Ascent to Vilaflor - Km 30 a Km 44

How to time it?

We will time you by means of your chip placed on the bib plate.

CONTROL CLOSURES

There are strict criteria for closing control and elimination. If a participant is overtaken by the broom car, he/she will have to hand in his/her bib and will circulate with the traffic open, but will keep the badge and the chip to continue the route on his/her own, he/she will also be able to use the broom bus.

All bibs must be picked up at the end of the stage for the next stage.

ABANDONMENTS

The participant who does not comply with these schedules must abandon the race. If he/she wishes to continue, it will be under his/her responsibility and as a normal user of public roads, as long as the State Security Forces and Corps allow it for security reasons. In this case, the bib must be removed and will be returned at the end of the stage.

If you decide to abandon the race, you can wait for the broom bus. They will pick you and your bike up. Once they complete the course, they will drop you off at the start/finish.

FINISHER MEDALS

The medal will be given at the finish line at our photocall podium and before entering the Pasta Party. To pick up your medal, you must present your participant wristband.

Important!

Medals will not be delivered by mail. They will be given at the end of each stage, to the finishers of the first, second, and the finishers of the 2 stages.

SPORTS MERIT AWARDS

- Award to the 3 best climbers of the whole weekend (male and female).
- Prize for the 3 best senior runners (17 to 50 years old; male and female)
- Prize for the 3 best master runners (50 to 80 years old; male and female)



EXPERTOS EN MOVILIDAD

gestionamos toda la movilidad para eventos



Nuestras soluciones permiten optimizar el coste y las emisiones de CO₂ de la movilidad de asistentes, staff, deportistas, cantantes, o cualquier tipo de desplazamiento. Trabajamos para que te puedas olvidar de toda la movilidad que requiere tu evento.



¿Trabajas en una corporación? Desde hace 3 años gestionamos el transporte de trabajadores a la oficina, siempre enfocados en hacerlo de la forma más sostenible y menos costosa posible. Analizamos, testamos y optimizamos el servicio para los trabajadores. Hacemos tu empresa más sostenible.

TEST SERVICES



MAILLOT OFICIAL



FINISHER MEDAL



SOLID AND LIQUID REFRESHMENT



MEDICAL AND MECHANICAL ASSISTANCE



WITH PROFESSIONALS AND EX-PROFESSIONALS



PRESENCE OF THE SENZA FINE TROPHY



TIMING WITH CHIP



PASTA PARTY GASTRO GIRO



THE PRO'S CONFERENCE



PINK PARTY (LIMITED CAPACITY)



FREE PHOTO SERVICE



PAID PHOTOGRAPHIC SERVICE

PUNISHABLE BEHAVIORS

- Fouling the course.
- Failure to respect the highway code.
- Not respecting the instructions of the Guardia Civil and/or police.
- Do not pass through the exit controls.
- To have their own support vehicle, hindering the progress of the rest.
- Behavior that impedes the normal development of the test.
- Failure to comply with regulations.
- Fraudulent use of the bibs.
- Showing a competitive attitude that puts the rest of the participants at risk.

Sanctions

- Disqualification from the race, without the right to a medal.
- Inclusion in the list of sanctioned participants.
- Prohibition to participate in future editions.
- Sanctions imposed by the authorities.

CONTACT AND SOCIAL NETWORKS



GIRORIDELIKEAPROSPAIN.COM



Press

press@giroridelikeaprospain.com



Contact

hello@giroridelikeaprospain.com



Emergency telephone:

+34 636 306 836

IMPORTANT :

Keep the identification bracelet during the race and other activities for identification purposes.



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